grab that receipt!

Be sure to ask your provider for an **itemized receipt** before you leave your appointment. Your itemized receipt,* or EOB, tells you the codes used for your procedure.

*If for any reason your provider cannot supply you with an itemized receipt within 30 days of your service, please call Start.

uploading your receipt

To be reimbursed, you must upload your itemized receipt to your Start profile within 30 days of service.

Tap **"upload receipt"** in your Start profile.



Select the expense you are adding a receipt for, or tap "+new expense." Follow the prompt to take a photo of your receipt.



Provide details of your visit and **submit** your new expense form.



Once approved, the **Start Benefit Amount** will be credited to you according to your benefits.



getting reimbursed





finding care

Use the Start search function to find a provider or see any provider you'd like. Call ahead and let them know you are a **self-pay** patient and are not using health insurance. You can verify the cost of your service by asking for an **Itemized Quote** and comparing that with the associated **Start Benefit Amounts**. We recommend calling a few providers and comparing prices.

You are responsible for the difference between the Start Benefit Amount and what your provider charges.

Note: The difference is applied to your benefits if the provider's price is less than the associated Start Benefit Amount.



how to "self-pay"

You might be used to handing your provider an insurance card upon arrival to your visit, but with Start you will instead pay in full at the point-of-service using your **Start Benefit Card**, or a payment method of your choice. You may ask your provider for a **Good Faith Estimate**, or an **itemized quote** for your visit if you haven't already. Once paid, be sure to ask for an itemized receipt after your visit.

provider q&a

When asking for self-pay rates, your provider may ask you a couple of questions.

Provider: Do you have health insurance?

You: No, I am on a reimbursement plan with Start Health.

Provider: How are you planning to pay today?

You: I would like to self-pay using my pre-paid Start Benefit Card.

Provider: What is Start Health?

You: It is a reimbursement model health insurance alternative.

Provider: Where can I find out more about Start Health?

You: You can visit starthealth.com/providers.

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